

2011 Indian Lake Swim Team **Registration Form**

Membership Number _____ **Parent's Name** _____

Address _____

City/ State/ Zip _____

Telephone Number (H) _____ **(W)** _____ **(Cell)** _____

E-Mail Address (that is checked daily) _____

We will use this address to set up your on-line account. We use E-Mail for All communications.

Fees:

**\$100.00 for the first swimmer/\$95.00 for each additional swimmer. There is a \$5.00 discount for early registration
2 Week Trial \$30.00 (includes cap and shirt) ** Age as of June 1st, 2010**

Swimmer's Name	M/F	** Age	Date of Birth	FEE	FEE	Add
					Before May 6th	
				\$100.00	\$95.00	
				\$95.00	\$90.00	
				\$95.00	\$90.00	
				\$95.00	\$90.00	
				\$30.00 (Trial)	\$30.00 (Trial)	
					Totals	

Have you ever been a member of a USA Swimming team, YMCA team, or High School Swimmer **Circle One:** YES or NO

Your Signature indicates that you and your athlete(s) understand and will abide by the **Participation Agreement**.

Parent Signature

Date

Please Add totals from Registration form and Apparel form.

2011 Indian Lake Warriors **Apparel form**

Swimmer's Names _____

Phone Number _____

E-mail Address _____

Tshirt Sizes: YS, YM, YL, AS, AM, AL, AXL, AXXL

Suit Sizes: 24-38

Item	Cost	Quantity	Sizes	Total
Team T shirt	Free			Free
Latex Cap	Free			Free
X-Tshirts	\$12.00			
Sleeveless Tanks	\$12.00			
Male Jammers	\$32.00			
Female Suit	\$42.00			
Silicone Caps	\$10.00			
Latex Caps	\$3.00			
Towels	\$18.00			

Total _____

INDIAN LAKE SWIM TEAM PARTICIPATION AGREEMENT ATHLETE PARTICIPATION:

In order to promote athlete participation, ensure fairness to those athletes who make the full commitment to the team, and facilitate coaching, the following policy has been adopted by the Board of Directors.

1. Each swimmer of ILST is supplied with a team T-shirt and team cap. Every swimmer should **report to competition in team gear**. This promotes team spirit, makes for faster swimming, and assists the coaches in identifying their swimmers during a competition.

2. Each member of the ILST is **strongly encouraged** to attend at least **3 dual meets and City Meet**. The Nashville Swim League requires that an athlete participate in at least 2 dual meets in order to compete in City Meet.

3. **It is assumed that all athletes will participate in all meets unless the Coaching Staff is informed otherwise by the Friday preceding Tuesday's meet.** This can be done by scratching your child off of the roster for the date of the meet in question. Scratch rosters can be on the team web-site. **Failure to notify the coaching staff of the athlete's intent to withdraw will result in a \$50.00 fine. The fine will be paid by the next Friday preceding Tuesday's meet. The athlete will be prohibited from competing until the fine is paid. Similarly, if an athlete withdraws from the City Meet after the meet entries have been submitted, a \$50.00 fine will be assessed.** Payment must be made prior to the end of the season. Failure to pay will prohibit the athlete from participating on next year's team.

PARENT PARTICIPATION:

Please plan to work each swim meet that your child is swimming in. We need your help! Swimming is a sport where everyone gets to participate, including the parents. We cannot run swim meets without parents volunteering. If you are unable to attend the meet, we could use your help to set up for the meet the evening before. It's necessary for parents to help, and it is also fun. Kim Stinnett is our volunteer coordinator; let her know what jobs you would like to sign up for. We appreciate your help!

City Meet-Every parent who has a child participating in City Meet is **required to work a shift at every session that they have an athlete competing in. This is non-negotiable. The NSL requires each team to fulfill specific work requirements, and it takes everyone's help.** If you feel you can not meet this obligation, do not enter your child in City Meet.

INDIAN LAKE SWIM TEAM 2011 SCHEDULE

May 6th: ILST Registration: 4:00 p.m. – 6:30 p.m @ Indian Lake Pool

May 31st: Practice begins.

	<u>Monday-Thursday</u>	<u>Friday</u>
6 and Unders	10:30-11:00	10:30-11:00
7-8	9:30-10:30	9:30-10:30
9-10	9:30-10:30	9:30-10:30
11-12	8:30-9:30	8:30-9:30
13 and Ups	8:30-9:30	8:30-9:30

June 7th: Time Trial/Parent Meeting 8:00 A.M

June 4th: Swim Clinic @ Indian Lake Pool
9:00 a.m. – 11:00 a.m

June 13th: Pasta Party

June 14th: ILST @ Cottonwood

June 20th: Pasta/Poster Party

June 21st: Seven Hills @ Indian Lake (Picture Day)

June 28th: ILST BYE

June 28th: City Meet Entries Due

July 11th: Pasta Party

July 12th: ILST @ Sequoia

July 18th: Pasta Party

July 19th: ILST@ Hillwood

July 16th: City Meet Swim Clinic

July 23-24 : Nashville Swim League City Meet (Centennial Sportsplex)
Saturday: 6 and unders, 7-8 and 9-10 * Sunday: 11-12, 13-14, and 15-18

July 25th : Awards Night. 6:00 p.m.- 9:00 p.m. We will begin setting up at 5:00 p.m.
Attire: Skirts or sundresses, boys are in Bermudas and golf shirts/button downs.