

**Indian Lake Forest Swim & Tennis Club**  
**PO Box 581**  
**Hendersonville TN 37077**  
**615-826-0206, [www.indianlakeclub.org](http://www.indianlakeclub.org)**

## **FACILITIES**

Indian Lake Forest Swim and Tennis Club Inc. has been serving Hendersonville since 1969. ILFSTC prides itself on providing its members with a fun, well maintained place to enjoy the summer. ILFSTC's pool includes a 3 foot area for non and beginning swimmers, a 4 to 6 foot area including swim lanes, and a 10 foot diving area. There is also a separate wading pool for toddlers.

The perimeter of the pool area includes:

- Large swimming pool with 3' area for kids and 4' section with competition swim lanes
- 10' diving well with 1 meter diving board
- Separate baby pool
- Curvy Water Slide
- Sundeck
- Four First Class outdoor tennis courts with lights
- Concession Stand
- Large, fenced, grassy play area
- Restrooms with changing areas and showers
- Three shade cabanas
- Sand volleyball court
- Basketball court

### ***Staff***

The pool is staffed with service oriented personnel who keep the club running smoothly. Our lifeguards are certified and trained in CPR and first aid.

### ***Social Events***

There will be social events scheduled throughout the summer. Generally included in the schedule are a Break the Ice Party, various parties for elementary, middle, and high school members, a Fourth of July party, a Back to School Party and a Halloween Party.

### ***Hours of Operation***

The pool is open Memorial Day to Labor Day, seven days a week. There may be two to three days during the season that the pool will be closed in order to host a home swim meet. The tennis courts are open year round.

## **Membership**

ILFSTC membership is limited to 350 families. To become a member you must first purchase a bond at a cost of \$350.00. Annual dues are:

- Family \$532.37
- Individual \$346.63

*Both of the amounts above include 6-1/2% state tax. Dues payments are due by May 15<sup>th</sup> each year.*

## **Spring Special**

Between January 1st and May 15<sup>th</sup>, a limited number of bonds are sold at a reduced price of \$175.00. Bond price of \$175.00 plus dues of \$532.37 totals \$707.37. Payment schedule for these special memberships is as follows:

- 1<sup>st</sup> payment of \$353.74 is due with your application
- 2<sup>nd</sup> payment of \$353.73 is due by May 15<sup>th</sup>

*6-1/2% state sales tax included in the amounts above*

ILFSTC is conveniently located adjacent to Indian Lake Elementary School on Indian Lake Road across from Fire Station No. 4

**For additional information regarding membership, Amy Howard at 615-481-7926 or email her at [2ahoward@comcast.net](mailto:2ahoward@comcast.net) .**

## **TENNIS**

ILFSTC is proud to offer the services of Danny Castro. Danny has been with the club since 2007. He is also the Head Coach at Pope John Paul II High School in Hendersonville. Before moving to the Nashville area in 2006, Danny was the director of Jr. Tennis at the University Club of Memphis from 2003-05. He served as the assistant men's and women's tennis coach at the University of Tennessee at Martin from 2001-03. He is also a certified ISSA fitness trainer. Danny combines his tennis background and fitness expertise to help players excel on and off the court. A native of Sao Paulo, Brazil, Danny was nationally ranked among top junior Brazilian players. He played collegiate tennis from 1998-01 at UT-Martin where he helped the Men's Sky Hawks to four consecutive top-three finishes in the Ohio Valley Conference.

There are many opportunities for both social and competitive play. ILFSTC offers club round robins, adult and junior clinics, and match play. There are four well-lit and well maintained locked tennis courts available for member use.

**For more information or questions, please email Danny Castro at [dancast58@hotmail.com](mailto:dancast58@hotmail.com) or by phone (615) 948-2331.**

**For additional information regarding tennis programs, please contact John Born by e-mail at [jborn@leviton.com](mailto:jborn@leviton.com)**

# AQUATIC PROGRAM

ILFSTC's aquatic program is very strong. There are many opportunities for you and your family to get involved.

## ***Swim Team***

Our swim team, the Warriors, competes in the Nashville Swim League. It is open to swimmers age 4 to 18. Indian Lake Warriors Swim Team is the 2010 Nashville Swim League AAA Division Champions. Our team will compete in the AAAA division in 2011. For additional information, please see the swim team tab on the website at [www.indianlakeclub.org](http://www.indianlakeclub.org).

**For additional information concerning the swim team, please contact Jennifer Kinsler at 615-722-3470 or [jennkinsler@yahoo.com](mailto:jennkinsler@yahoo.com) or Susie Riley at [sriley@comcast.net](mailto:sriley@comcast.net) or 615-394-4633.**

## ***Swim Lessons***

Swim lessons are available after swim team hours through our coaches. Our coaches are highly qualified and teach swimming to any age group.

**For Additional information about swim lessons, please contact Coach Taylor Miley at [CoachTaylorMiley@gmail.com](mailto:CoachTaylorMiley@gmail.com).**

## ***Adult swim fitness***

This is a great workout that won't put weight bearing stress on hips, knees, or ankles. Registration for these programs will begin in the spring and is advertised in the local newspaper. For more information please contact ILFSTC and leave a message for the swim representative to contact you.

**For Additional information about swim lessons, please contact Coach Taylor Miley at [CoachTaylorMiley@gmail.com](mailto:CoachTaylorMiley@gmail.com).**