

**Indian Lake Forest Swim & Tennis Club**  
**PO Box 581**  
**Hendersonville TN 37077**  
**615-826-0206**

## **FACILITIES**

Indian Lake Forest Swim and Tennis Club Inc. has been serving Hendersonville since 1969. ILFSTC prides itself on providing its members with a fun, well maintained place to enjoy the summer.

ILFSTC's pool includes a 3 foot area for non and beginning swimmers, a 4 to 6 foot area including swim lanes, and a 10 foot diving area. There is also a separate wading pool for toddlers.

The perimeter of the pool area includes:

- Large, fenced, grassy play area
- Air conditioned meeting/party room
- Two shade cabanas
- Concession stand
- Restrooms that includes changing areas and showers
- Basketball court
- Sand volleyball court

### ***Staff***

The pool is staffed with service oriented personnel who keep the club running smoothly. Our lifeguards are certified and trained in CPR and first aid.

### ***Social Events***

There will be social events scheduled throughout the summer. Generally included in the schedule are a Break the Ice Party, various parties for elementary, middle, and high school members, a Fourth of July party and a Back to School Party.

## **AQUATIC PROGRAM**

ILFSTC's aquatic program is very strong. There are many opportunities for you and your family to get involved.

### ***Swim Team***

Our swim team, the Warriors, competes in the Nashville Swim League. It is open to swimmers age 4 to 18.

### ***Swim Lessons***

Swim lessons are available after swim team hours through our coaches. Our coaches are highly qualified and teach swimming to any age group.

### ***Diving Class***

If you are over the age of 5 and would like to learn to dive, this class is for you.

## **Adult swim fitness**

This is a great workout that won't put weight bearing stress on hips, knees, or ankles.

Registration for these programs will begin in the spring and is advertised in the local newspaper. For more information please contact ILFSTC and leave a message for the swim representative to contact you.

*These programs, with the exception of the swim team, are open to the public but members are given preference*

## **TENNIS**

ILFSTC is proud to offer the services of Will Edmonds Will is from Brighton, England and has five years of teaching experience from around the world. He will offer a variety of learning opportunities for the whole family including individual and group lessons. Will can be reached at 364-6585. Email: willjedmonds@hotmail.com

There are many opportunities for both social and competitive play. ILFSTC offers club round robins, adult and junior clinics, match play, and travel teams, MTTL and NALTA leagues. There are four well-lit and well maintained locked tennis courts available for member use.

### **Hours of Operation**

The pool is open Memorial Day to Labor Day, seven days a week. There may be two to three days during the season that the pool will be closed in order to host a home swim meet.. The tennis courts are open year round.

### **Membership**

ILFSTC membership is limited to 350 families. To become a member you must first purchase a bond at a cost of \$350.00. Annual dues are:

- Family \$532.37
- Individual \$346.63

*Both of the amounts above include 9-1/4 % state tax. Dues payments are due by May 1<sup>st</sup> each year*

### **Spring Special**

Between January 1st and May 2nd, a limited number of bonds are sold at a reduced price of \$200.00. Bond price of \$200.00 plus dues of \$532.37 totals \$732.37. Payment schedule for these special memberships is as follows:

- 1<sup>st</sup> payment of \$366.18 is due with your application
- 2<sup>nd</sup> payment of \$366.19 is due by May 1st

*9-1/4% state sales tax included in the amounts above*

ILFSTC is conveniently located adjacent to Indian Lake Elementary School on Indian Lake Rd. across from Fire Station No. 4

**For additional information regarding swim team, swim lessons, or adult swim fitness, please contact Kelley Southard 822-2745 or e-mail at: [sksouthard@comcast.net](mailto:sksouthard@comcast.net)**

**For additional information regarding tennis programs, please contact Craig Heinrich by e-mail at: [craig.m.heinrich@usa.dupont.com](mailto:craig.m.heinrich@usa.dupont.com)**